

The Contribution of Mathematical Models to Our Understanding of Influenza Dynamics

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tell.fl.purdue.edu

Outline:

I. What is the flu?

II. Why should we model the flu?

III. Things to know before modeling...

IV. Types of Models

A. Differential Equation Model

B. Agent-based (Small-World Network) Model

-Common respiratory illness caused by an influenza virus

-Each year in U.S.:

- 5 – 20% of the population gets sick
- 200,000 individuals hospitalized
- 36,000 die (elderly and chronically ill)

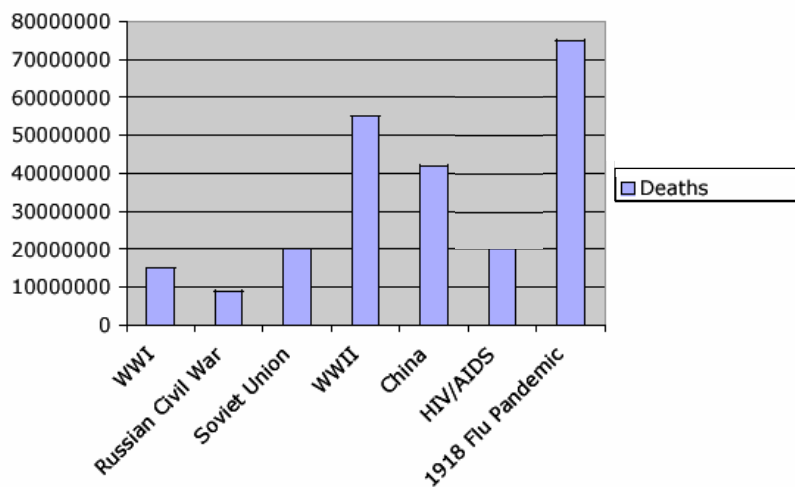
-1918 pandemic

- 50-100 million die (all ages)



www.wagf.com/news/health/922332.html

20th Century Deaths



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Problems with epidemic data:

1. Many do not visit a doctor when sick

2. Many doctors do not report cases

3. Wrong diagnoses

- secondary infections

- were already chronically ill

4. Data that are available are hard to find!

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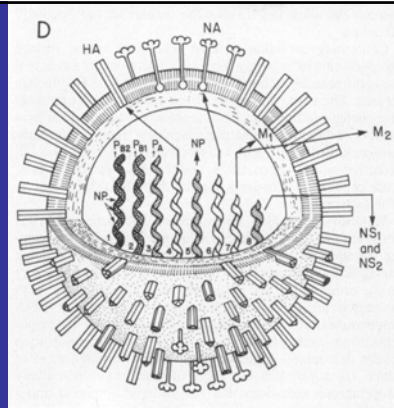
Things to know before making a model:

1. details concerning causal agent
2. evolution
3. transmission
 - contact networks

1. The causal agent

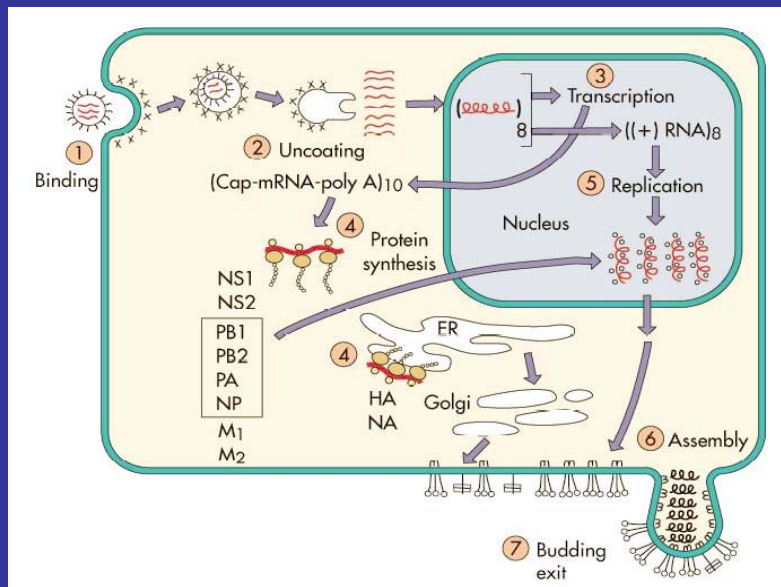
Influenza A virion consists of:

- Host-derived lipid bilayer
- protein matrix
- 8 single-stranded RNA segments
 - polymerases
 - hemagglutinin (HA)
 - neuraminidase (NA)



Reproduced from Webster et al's *Evolution and Ecology of Influenza A Viruses*

1. The causal agent



Reproduced from Medical Microbiology 4th edition Fig. 56-2

2. Evolution

1. Antigenic drift

- polymerases lack proofreading capability
= mutations
- cause of seasonal outbreaks

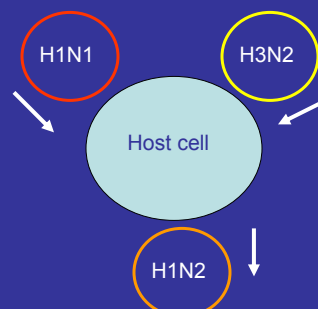
AGCUAAGGCGA → AGGUAAGGCGA

- 30% difference in amino acid sequence of HA or NA = new subtype
- 16 different HA (H1, H2..), 9 different NA (N1, N2..)

2. Evolution

2. Antigenic shift

- gene segments integrated into progeny virions relatively randomly
- occurs when one is infected with 2 different parent viruses at once



- often cause of pandemics

2. Transmission

- Virus spreads from one host to another in airborne respiratory droplets
- latency period = 1-3 days
- Infectious period = up to 6 days
- Symptoms appear 1-4 days after infection
- Can spread disease when you don't know you have it!



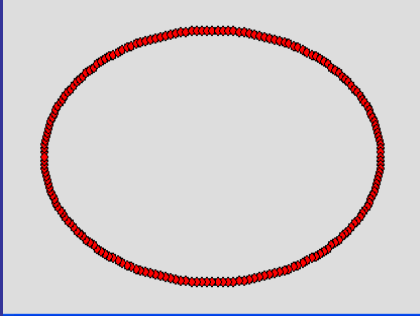
www.coolquiz.com

2. Transmission

R_0 = average # of secondary infections caused by a primary infection in a completely susceptible population

$$R_0 > 1 \text{ but } < 3$$

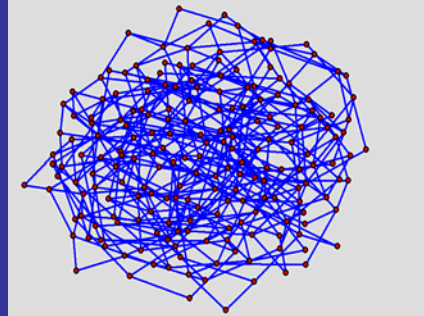
2. Transmission



Regular k -circulant

High clustering coefficient

High average path length



Random

Low clustering coefficient

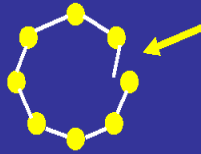
Low average path length

Clustering Coefficient:

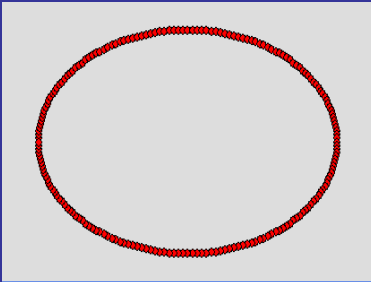
$$\text{C.C.} = \frac{|E(T_v)|}{\binom{k_v}{2}}$$

$|E(T_v)|$ = # of edges in the neighborhood of v
 $\binom{k_v}{2}$ = total # of possible edges in T_v

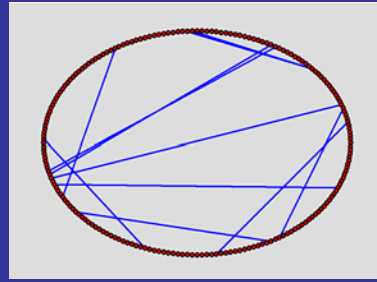
2. Transmission



$swnP = 0.0$



$swnP = 0.02$



Small-World Network

$swnP$ = probability each host's edge is broken and rewired to a randomly chosen host from the population

Watts and Strogatz, 1998, *Nature*

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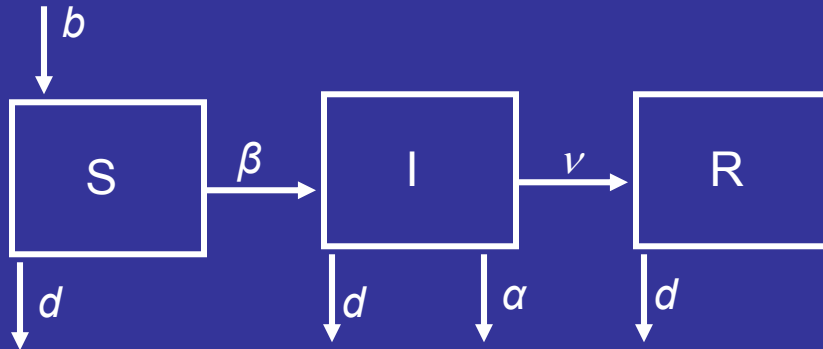
B. Agent-based (Small-World Network) Model

1. Differential Equation Models = SIR Models

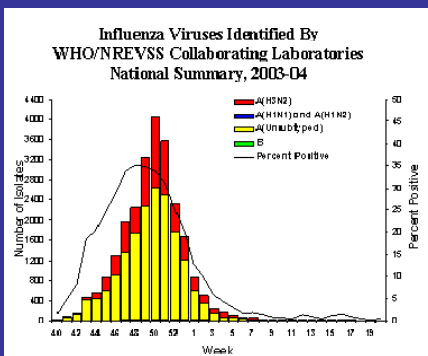
$$dS/dt = b(S + I + R) - dS - \beta SI$$

$$dI/dt = \beta SI - (\alpha I + dI + \nu I)$$

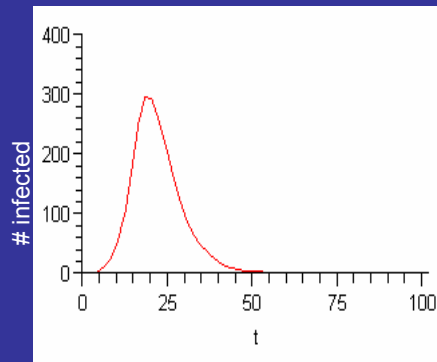
$$dR/dt = \nu I - dR$$



$$\begin{aligned} \beta &= 0.0006 & b &= 0 \\ \nu &= 0.2 & d &= 0 \\ \alpha &= 0 \end{aligned}$$



www.cdc.gov/flu



Predicting whether an epidemic will occur:

$$R_0 = \beta S / \nu$$

$R_0 > 1$ epidemic will occur

$R_0 < 1$ epidemic will not occur

What else can we do with them?

-Analyze data from real outbreaks

- Incorporate Evolution

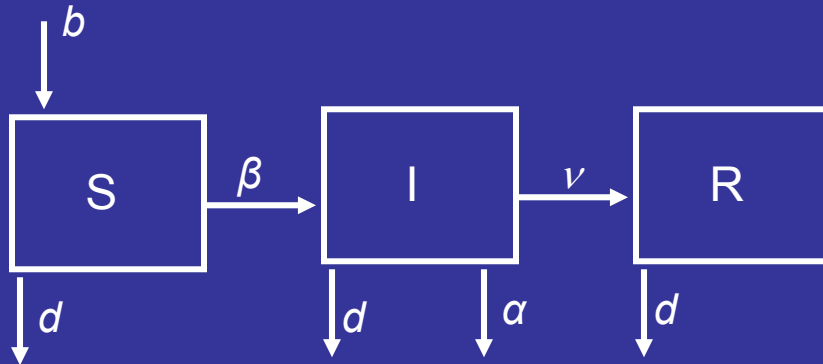
-Vaccinate

Vaccination

$$dS/dt = b(S + I + R) - dS - \beta SI - \lambda S$$

$$dI/dt = \beta SI - (\alpha + dI + \nu I)$$

$$dR/dt = \nu I - dR + \lambda S$$

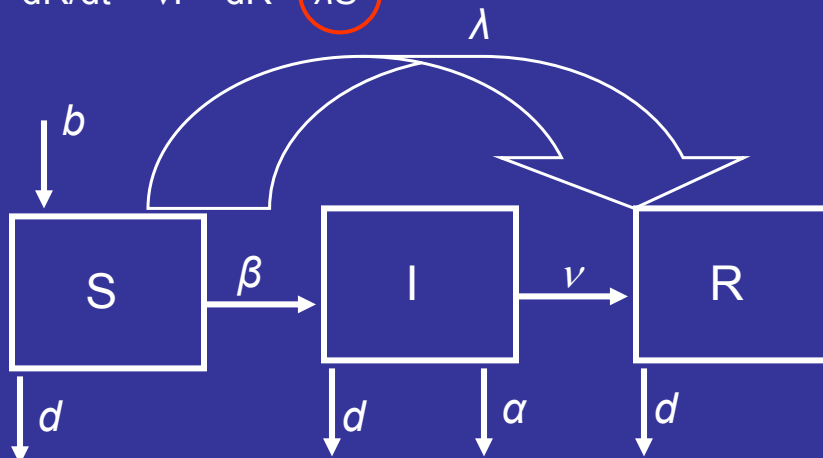


Vaccination

$$dS/dt = b(S + I + R) - dS - \beta SI - \lambda S$$

$$dI/dt = \beta SI - (\alpha + dI + \nu I)$$

$$dR/dt = \nu I - dR + \lambda S$$

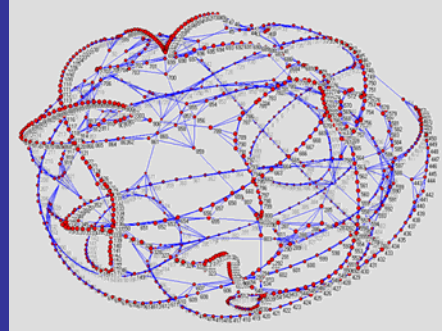


2. Agent-based Models

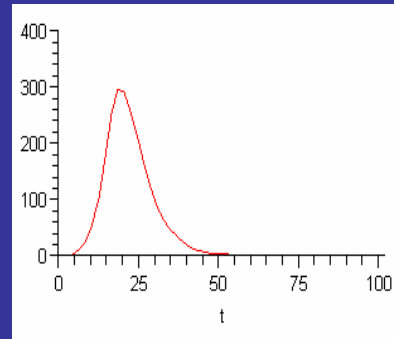
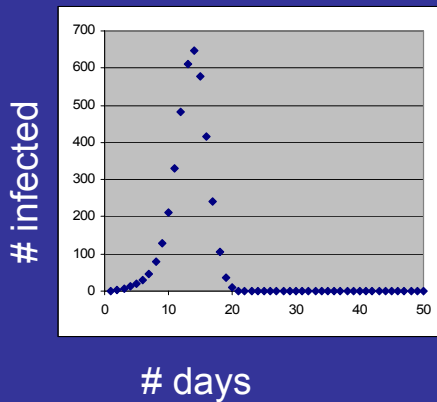
Our Small-World Network Model:

Parameters

- k
- $swnP$
- NCR
- latency period
- infectious period (d)



$k = 4$ lat period = 1
 $swnP = 0.05$ inf period = 3
 $NCR = 0.5$



(SIR model)

Predicting whether an epidemic will occur:

$$R_o = k * (1 - (1 - NCR)^d)$$

Ex:

$R_o = 2$ when:

$k = 4$

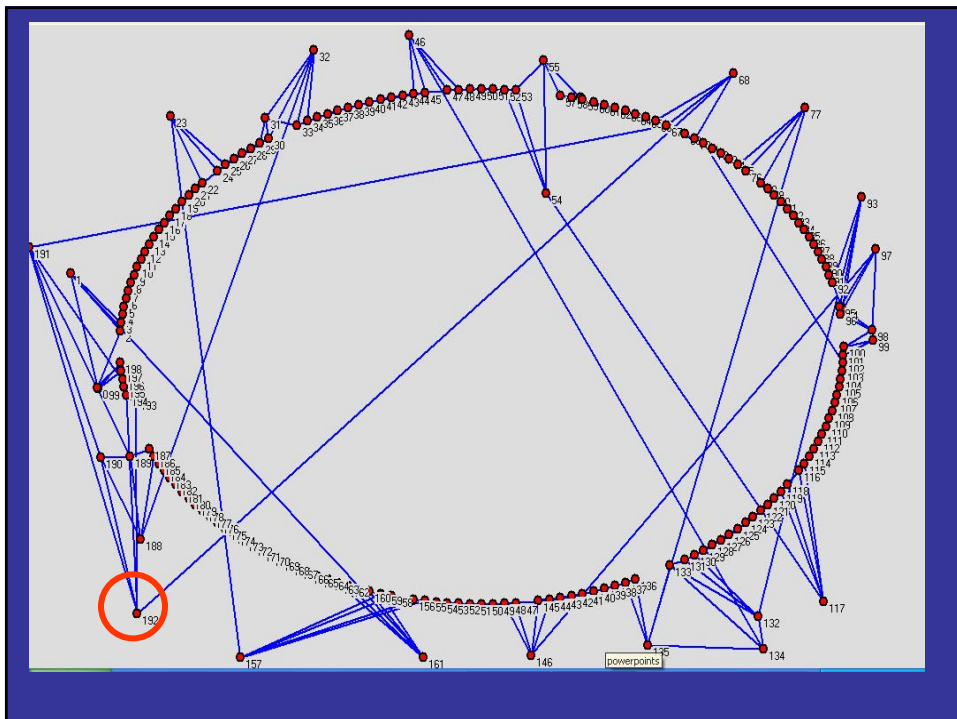
$NCR = \sim 0.2$

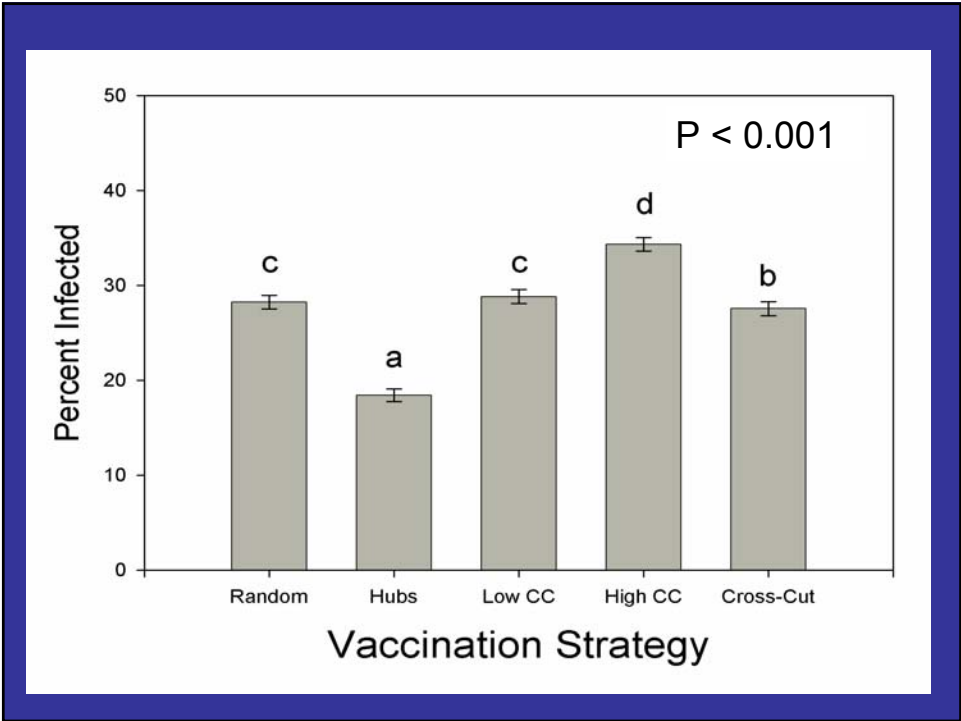
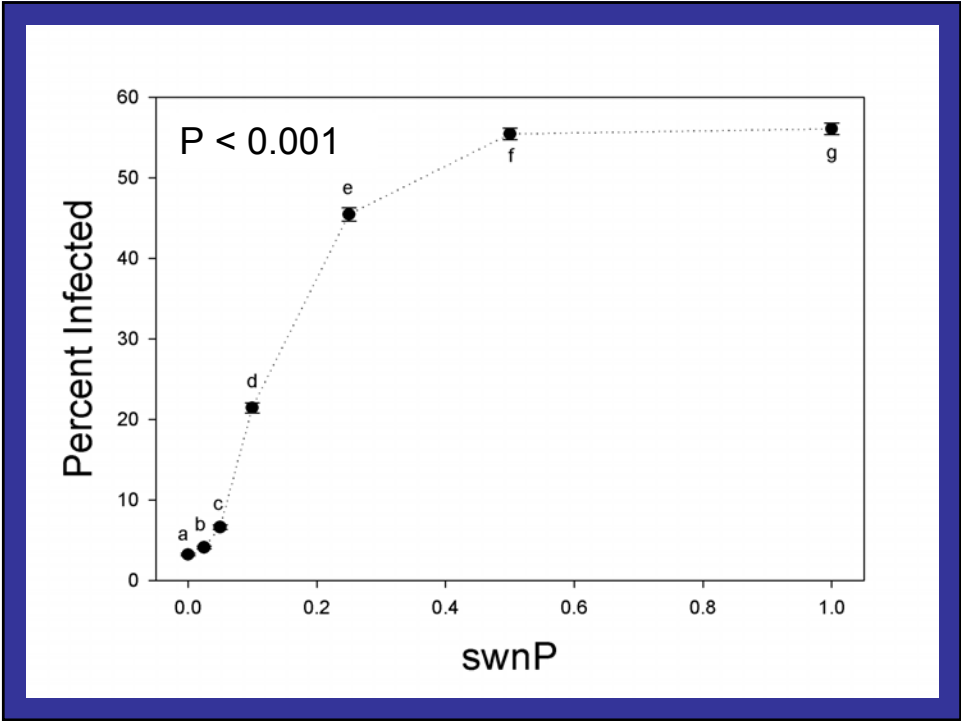
$d = 3$

k	4
R_o	2
Latency period	1
Infectious period	3
$swnP$	0.0, 0.025, 0.05, 0.1, 0.25, 0.5, 1.0
Population size	1000, 10000, 100000
Vaccination effort	0 – 30%

Vaccination Strategies:

1. Vaccinating Random Nodes
2. Vaccinating Hubs (nodes with the highest degree)
3. Vaccinating Nodes with Lowest Clustering Coefficient
4. Vaccinating Nodes with Highest Clustering Coefficient
5. Vaccinating Nodes Containing Cross-Cut Edges






CDC's 8 priority groups
(all of equal importance)



Who should get a flu vaccination?



People who are 65 years old or older —
Even if you're in great health!

Children 6 to 23 months old —
Children younger than 2 years old have one of the highest rates of hospitalization from influenza.

Adults and children with a chronic health condition —
Like heart disease, diabetes, kidney disease, asthma, cancer, or HIV/AIDS.

Women who will be pregnant during flu season —
Flu season is typically November through March.

Residents of nursing homes and long-term care facilities



Children aged 6 months to 18 years on chronic aspirin therapy

Healthcare workers involved in direct patient care

Out-of-home caregivers and household contacts of children younger than 6 months

If you're not in one of these groups, you should not get vaccinated, to allow those at highest risk to get a shot.

Department of Health
and Human Services
Centers for Disease Control
and Prevention



For more information, ask your healthcare provider or call the CDC Immunization Hotline
English and Spanish: 800-CDC-INFO www.cdc.gov/flu

www.cdc.gov (2004)

Conclusions:

1. Mathematical models have increased our understanding of influenza and allow us to predict/prepare.
2. SIR models are very simple and a vast amount can be learned from them.
3. Agent-based models are both more realistic and more complex. Still, they allow you to do things that SIR models do not (targeted vaccinations!).

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